

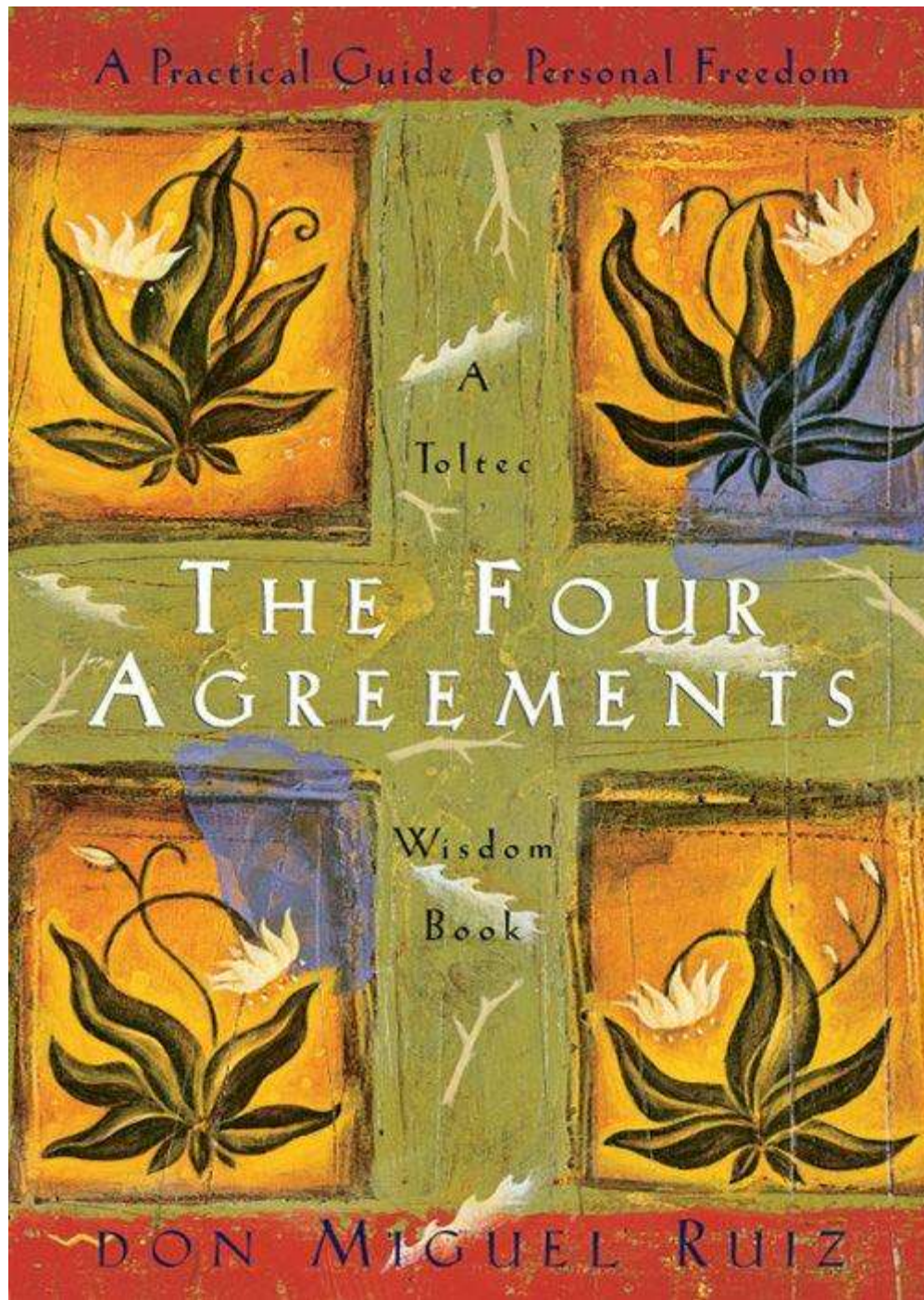
A Practical Guide to Personal Freedom

A
Toltec

THE FOUR AGREEMENTS

Wisdom
Book

DON MIGUEL RUIZ



THE FOUR

AGREEMENTS

Also by don Miguel Ruiz

THE FIFTH AGREEMENT

A Practical Guide to Self-Mastery

THE FOUR AGREEMENTS COMPANION BOOK

Using The Four Agreements to Master the Dream of Your Life

THE MASTERY OF LOVE

A Practical Guide to the Art of Relationship

PRAYERS

A Communion with our Creator

THE VOICE OF KNOWLEDGE

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Una guía práctica para la paz interior

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DON MIGUEL RUIZ

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Note: The term “black magic” is not meant to convey racial connotation; it is merely used to describe the use of magic for adverse or harmful purposes.

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To the *Circle of Fire*; those who have gone before, those who are present, and those who have yet to come.

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The Toltec

THOUSANDS OF YEARS AGO, THE TOLTEC WERE known throughout southern Mexico as “women and men of knowledge.”

Anthropologists have spoken of the Toltec as a nation or a race, but, in fact,

the Toltec were scientists and artists who formed a society to explore and conserve the spiritual knowledge and practices of the ancient ones. They came together as masters (*naguals*) and students at Teotihuacan, the ancient city of pyramids outside Mexico City known as the place where “Man Becomes God.”

Over the millennia, the *naguals* were forced to conceal the ancestral wisdom and maintain its existence in obscurity. European conquest, coupled with rampant misuse of personal power by a few of the apprentices, made it necessary to shield the knowledge from those who were not prepared to use it wisely or who might intentionally misuse it for personal gain.

Fortunately, the esoteric Toltec knowledge was embodied and passed on through generations by different lineages of *naguals*. Though it remained veiled in secrecy for hundreds of years, ancient prophecies foretold the coming of an age when it would be necessary to return the wisdom to the people. Now, don Miguel Ruiz, a *nagual* from the Eagle Knight lineage, has been guided to share with us the powerful teachings of the Toltec.

Toltec knowledge arises from the same essential unity of truth as all the sacred esoteric traditions found around the world. Though it is not a religion, it honors all the spiritual masters who have taught on the earth.

While it does embrace spirit, it is most accurately described as a way of life,

distinguished by the ready accessibility of happiness and love.



INTRODUCTION

The Smokey Mirror

THREE THOUSAND YEARS AGO, THERE WAS A HUMAN just like you and me who lived near a city surrounded by mountains. The human was studying to become a medicine man, to learn the knowledge of his ancestors, but he didn't completely agree with everything he was learning. In his heart, he felt there must be something more.

One day, as he slept in a cave, he dreamed that he saw his own body sleeping. He came out of the cave on the night of a new moon. The sky was clear, and he could see millions of stars. Then something happened inside of him that transformed his life forever. He looked at his hands, he felt his body, and he heard his own voice say, "I am made of light; I am made of stars."

He looked at the stars again, and he realized that it's not the stars that create light, but rather light that creates the stars. "Everything is made of